



STITCH FEST SOUTH WEST

MIYO – Make It Your Own

By Caroline Bawn of Gorgeous Yarns for
Stitch Fest South West 2019



Project description

This project is to make a simple hat or cowl which can be customised in whichever way you like! What's important is you make it your own, MIYO for Stitch Fest South West 2019! Post using #stitchfestsw and tag us @stitchfestsw and see what everyone else is up to!

You will need...

Approx 100g of 4ply, DK or Aran yarn, and corresponding needles or crochet hook, anything you want to add to MIYO. Tension isn't really vital so long as the hat or cowl fits you in a comfy way.

Yarn Weight	Small/child NO OF STITCHES Knitting in Black. Crochet in Red	Medium/teen NO OF STITCHES Knitting in Black. Crochet in Red	Large/adult NO OF STITCHES Knitting in Black. Crochet in Red
4ply Needles 3.5mm Hook 4.0mm	56 25	66 32	74 36
DK Needles 4.0mm Hook 5.0mm	50 24	57 28	64 30
Aran needles 5.0mm Hook 6.0	40 21	47 24	54 26

Method

Cast on the correct number of stitches for your yarn thickness in the size MIYO you want to make. Work in stocking stitch or your preferred design until your work measures at least twice its width. If you are making a cowl MIYO you need to continue until your work measures at least 3 times the width.

To crochet your MIYO, chain the recommended number and work the first row on dc in every stitch, then work tr in every stitch or your preferred design until your work is at least twice its width, or at least three times its width for a cowl.

For the MIYO hat, sew up both sides or end and 1 side to make a pocket shape. Then it's time to customise! Perhaps you will fold and sew in the top to make a structured shape, or sew across the corners of the pocket to make ears, why not shape it like a tricorn hat, perhaps felt it, add Swiss darning, pom-poms, anything you like to MIYO.

For the MIYO cowl, join the 2 short edges together to make a loop which will slip over your head. Perhaps you will add a twist or two, add ribbons, sequins, gathers, pleats, buttons, just remember to MIYO!

Once you have made your MIYO, don't forget to post on Instagram on the Stitch Fest SW page using the #stitchfestsw. Have a look at what all our yarny friends have done with theirs!

Wear your MIYO to Stitch Fest SW in Totnes on 2-3 November 2019 and be part of the fun!